

You will probably work over 90,000 hours in your lifetime

How many of them will you remember fondly?




Hannah Boneham

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What do I hope to achieve?

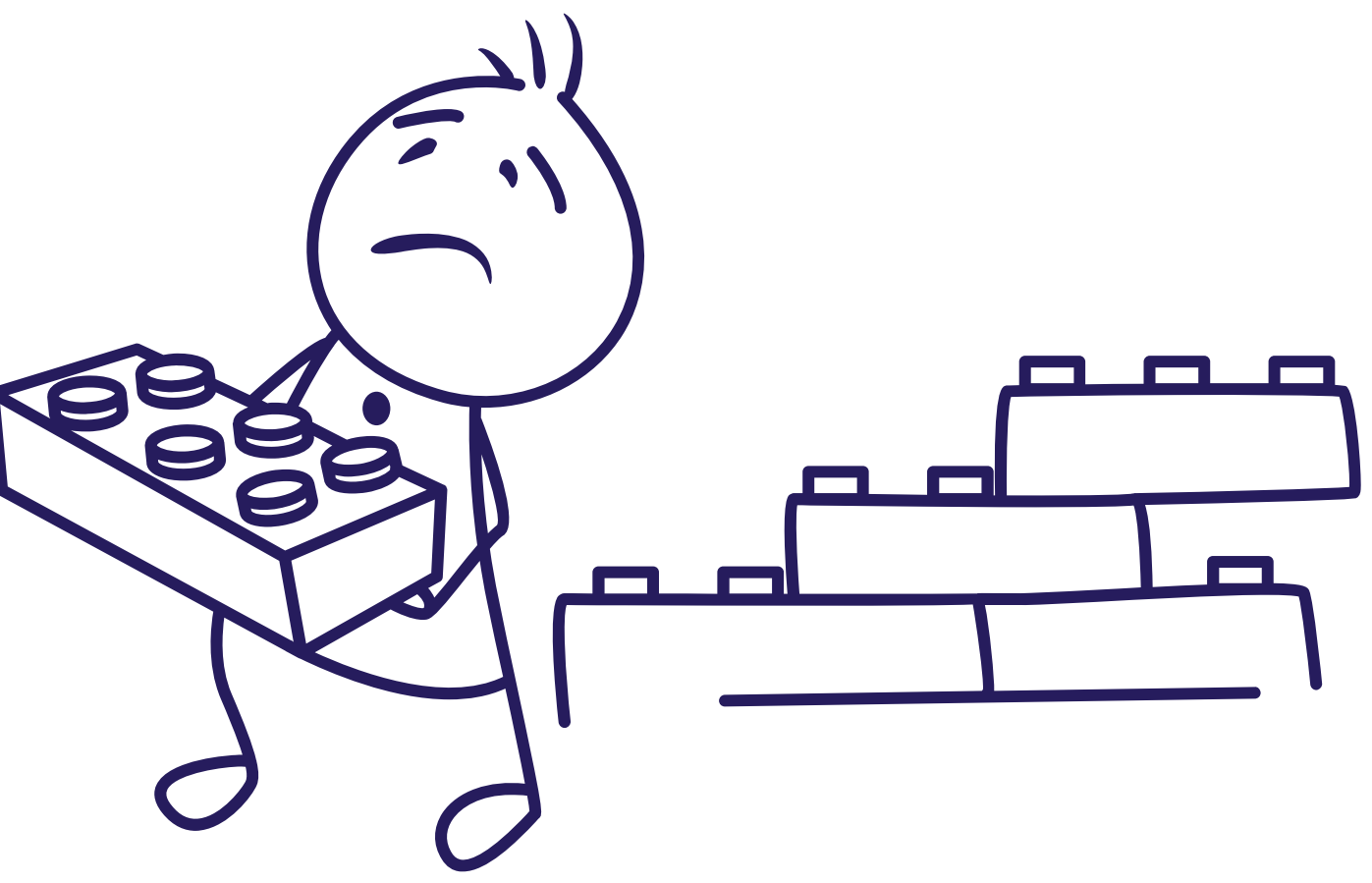


If 'leadership is in the eye of the beholder'* then our leaders' self-awareness affects their ability to promote our wellbeing

Their perceptions may differ from ours, creating a perception gap.** I want to understand how this affects wellbeing

I want to improve leadership development and leaders' ability to create thriving workplace environments

What are my research objectives?

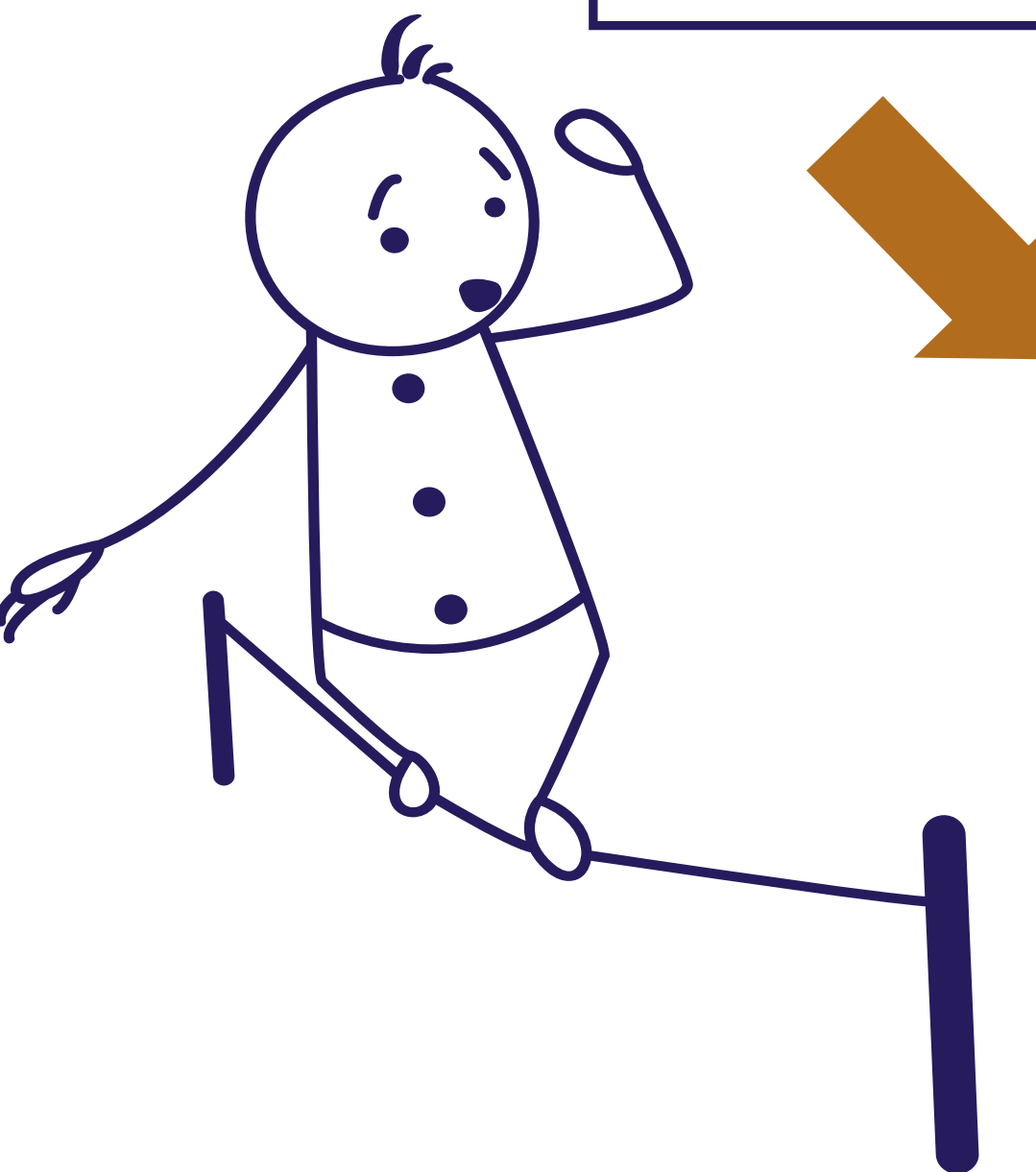


- 1 Identify the leadership behaviours that impact follower wellbeing
- 2 Explore the perception gap regarding these behaviours
- 3 Investigate the impact this perception gap has on followers' wellbeing, including individual characteristics that explain why it exists

What methods will I use?

Interview participants to identify wellbeing-relevant leadership behaviours

Anonymous questionnaires to quantify the perception gap for these behaviours, before and after training



Forum discussions of anonymised results to gain a richer insight, from the perspective of participants

Questions you might want to ask me:

- What motivated you to look into this?
- Why have you chosen these research methods?
- How can I continue this conversation with you?

References:
 *van Knippenberg & Sitkin, 2013
 **also known as 'self-other disagreement' or 'rater incongruence' (Vogel And Kroll, 2019)

